



Support Works

Te Roopu Tautoko

1 Harley Street Nelson

Ph (03) 539 3976

Free phone 0800 244 300

Fax (03) 546 3983

Email: support.works@nmdhb.govt.nz

www.nmdhb.govt.nz/SupportWorks.aspx

Transport Options Nelson

Agency Name	Details	Contact Details
Driving Miss Daisy	<ul style="list-style-type: none">• Medical and personal appointments• Social engagements• Shopping• Special needs catered for• Assistance if required• Total mobility vouchers accepted• Our charging is based on time and pricing is quoted on the individual requirements of each journey. Please phone us for a quote	Ph (03) 547 2133 Cell: 021 319 397
St John Health Shuttle	<ul style="list-style-type: none">• Transport to and from health and hospital appointments• Wheelchair hoist/wheelchair available• Monday – Friday 8.00 am - 5.00 pm• Recommend booking 3-4 days in advance• Free service however donations are gratefully accepted	Ph (03) 546 9445 enquiries 0800 000 606 for bookings
St John Health Shuttle Motueka	<ul style="list-style-type: none">• Free for local community residents however donations are gratefully accepted• Motueka, Mariri to Edwards Road, Lower Moutere, Pa Point Riwaka to	0800 000 606 for bookings 027 363 1924



	<p>bottom of Takaka hill</p> <ul style="list-style-type: none">• Medical appointments including dentist, physiotherapist etc.• Bookings 24 hours in advance of appointment needed	
Red Cross Community Transport Services	<ul style="list-style-type: none">• Assistance to attend health related appointments• For those who do not have access to personal or public transport• Available for people discharging home from hospital• Richmond, Stoke, Tahuna, Nelson City, Atawhai	Ph (03) 546 5012 0800 733 276 for bookings
Golden Bay Community Service Vehicle Trust	<ul style="list-style-type: none">• 'Wrinkles Express'• Transport for people over 50 yrs or the disabled• Medical appointments e.g. Drs, Hospital or to Motueka and Nelson• Compulsory membership of \$15.00• Donations expected for transport to Nelson	Hank Visker RD 1 Takaka Ph (03) 525 9775

Total Mobility Scheme Passenger Transport

This is a door to door transport service designed to use regular taxi vehicles and modified taxis for wheelchair access. Local councils and New Zealand Transport funded. The scheme entitles eligible people to receive a discount on their taxi fare by way of the voucher use. The following agencies are responsible for assessing a person's eligibility to join the scheme and for issuing vouchers. Charges should be discussed with the agency chosen.

Arthritis Foundation	Ph (03) 546 7689
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Royal New Zealand Foundation of the Blind	Ph (03) 547 6616 or 0800 243 333
Stroke Foundation	Ph (03) 545 8177
Age Concern	Ph (03) 544 7624
Presbyterian Support Services	Ph (03) 547 9350
Motueka Total Mobility	Ph (03) 528 2022
The following participating transport companies operate using Total Mobility Vouchers	
Nelson City Taxis – Nelson, Richmond, Southwest of Mapua	Ph (03) 548 8225
Sun City Taxis – Nelson, Richmond, Southwest of Mapua	Ph (03) 548 2666
Nelson Bays Cabs – Nelson, Richmond, Southwest of Mapua	Ph (03) 541 8294
Tasman Taxis (Motueka)	Ph (03) 528 1031
Takaka Taxi Service – Golden Bay	Ph 0800 825 252



Meal Options – Nelson, Motueka & Takaka area

For details about the meals, charges and delivery arrangements, please contact the provider

Agency	Description	Contact Details
Motueka Hot Roasts	<ul style="list-style-type: none">•Variety of food dishes available•Delivery by arrangement to Nelson, Richmond, Stoke, Motueka & Takaka for a small charge	94 High Street Motueka Ph (03) 528 5081
Motueka Bakery and Cafe	<ul style="list-style-type: none">•Roast meals, Chinese meals, savoury and sweet bakery items•Delivery Motueka for a small charge	241 High Street Motueka Ph (03) 528 4998
Eat Unlimited	<ul style="list-style-type: none">•7 different meals weekly on a 5 week rotating menu•Courier delivered to Nelson \$20.00 for 14 items	Ph 0800 328 333
Meals on Wheels	<ul style="list-style-type: none">•Hot meals delivered daily Monday – Friday for those having difficulty preparing a hot meal•Referral from Health professional required•Charges do apply	Contact your GP or Practice Nurse
Milk & More	<ul style="list-style-type: none">•Deliver milk in the Nelson region. Arrangements can be made for milk to be put in the fridge for people with mobility problems•Delivery of organic vegetables and free range eggs can be arranged	74 Eighty-eight Valley Wakefield Ph (03) 541 9607 027 503 299



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Richmond Roast House	<ul style="list-style-type: none">• Variety of hot and cold meals.• Delivery by arrangement	309 Queen St Richmond (03) 544 0600
Wakefield Rest Home	<ul style="list-style-type: none">• Meals delivered daily Monday to Friday.• Wakefield area to Wai-iti Bridge to Ranzau Road.	10 Edward Street Wakefield. (03) 541 8995



Supermarket Delivery and Shopping Assistance Options

Arrangements for grocery orders, delivery and payment need to be made with Store Managers.
Otherwise stated there may be a charge for the selection, packing and delivery of groceries.

Supermarket	Details	Contact Details
Countdown 5 Paru Paru Road Nelson	<ul style="list-style-type: none">Online shopping www.countdown.co.nz	Ph (03) 546 6466 0800 40 40 40
New World Nelson	<ul style="list-style-type: none">No charge to make up the orderCustomer arrange pick-up or courier delivery	Ph (03) 548 9111 Fax (03) 548 9112
Fresh Choice 69 Collingwood Street Nelson	<ul style="list-style-type: none">Will make orders TuesdayDelivery by courier	Ph (03) 548 0191 Fax (03) 546 8101
Stoke New World	<ul style="list-style-type: none">Orders Tuesday after 2.00pmDelivery Wednesday	Ph (03) 547 7788
Countdown Stoke	<ul style="list-style-type: none">Shopping online www.countdown.co.nz	Ph (03) 547 9298 0800 40 40 40
Wakefield Supermarket	<ul style="list-style-type: none">Arrangements need to be made with the shop owner	Ph (03) 541 8470
Mapua Four Square	<ul style="list-style-type: none">Will pick and pack for customersArrangements need to be made with shop owner	Ph (03) 540 2890
Atawhai Four Square	<ul style="list-style-type: none">Make up orders early each morningDelivery by arrangement – free for those living locally	Ph (03) 545 0912
Takaka Supermarket	<ul style="list-style-type: none">Make up orders for no chargeArrangements need to be made for delivery	Ph (03) 525 9383



Medical Alarm Options – Nelson Region

Company	Medical Alarm	Phone Number
Abel Assist	Ness Medi Alarm	0800 284 404
ADT (Amour guard)	Smart Link / Ness Alarm	0800 238 272
Alarm New Zealand Ltd	Ness Medical Alarm	09 303 03 03
Alarm Watch	Medico	0800 33 99 99
Bupa Care Services Ltd	Premier 1000/Tunstall P400	0800 60 80 99
Call Safe	Medi Alarm/ Paramedic	03 578 6041
Chubb Medical	Smart Link/ Paramedic/ Ness Medi/ Ness RAD/ Vital Call	0800 188 000
Eldersafe Medical Alarms Ltd	Ness Medi	0800 353 772
Freedom Medical Alarm	Chiptech ERIC	0800 373 3263
Help Phone Wellington Ltd	Chiptech Pru	0800 11 44 33
Homeguard Medical Alarms	Smart Link/ Ness Medi/ Medico	0800 66 01 66
Kiwi Concern (NZ) Ltd	Ness/ Smart Link/ Medivox	0800 11 51 11
Nelson Alarms	Smart Link	03 548 66 86
Paramed Rescuelink	Ness/ Smart Link/ Medico	0800 63 31 11



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Safe Link Ltd	Smart Link Tunstall Caresse Medical Alarm	03 541 9306
Signature Security Systems	Medi Alarms	0800 186 086
St John	Chiptech alarms Speakerphone V5.0 PRU PIR Speakerphone V5.0 PRU Speakerphone V4.0 ERIC Smartcard V3.3SP	0800 50 23 23



Podiatry Services – Nelson and Tasman Region

Name of Agency	Details	Contact Details
Best Foot Forward (Jill Bonnington)	Roundhay Medical Centre 105 Kawai St Nelson (Clinics also in other locations)	03 548 8366
Christopher Gates	5 Examiner Street Nelson	03 548 8418
Mary Sowman	22a Dorset Street Richmond	021 797 535
Nicola Mansen	Provides a home service Nelson – Richmond	03 548 4036 Or 027 210 5666
Mapua Podiatry	101a Aranui Road, Mapua Home visits by arrangement Mapua, Moutere, Motueka	021 122 2268
Nelson Hospital Podiatry Service	Referrals must be from GP Surgery	Contact your GP service for a referral