

Day Programmes for Older People - Auckland (June 2019)

This listing is for caregivers requiring day care for a dependent older person. The information is arranged in broad geographical areas: Central, West, North and South Auckland to help guide your search. All prices include GST.

Many rest homes and long-term care hospitals will accept a day stay client on an informal basis. The cost of day care ranges from \$5 to \$120 per day. There may be extra cost for those offering transport.

A separate listing for more independent older people called *Activities for Older People* is also available from Seniorline.

Subsidies

Carer Support Subsidy can be used to help with fees where the day stay is used to provide a rest for a caregiver. Eligibility for this subsidy is assessed by the Needs Assessment and Service Coordination service (NASC) contracted to your local District Health Board. Disability Allowance up to \$64.29 a week may apply. It is income tested.

Free day care may be available for people with a diagnosis of dementia or Alzheimer's. Day programmes contracted for this type of service are limited. Needs Assessment and Service Co-ordination assess and authorise the subsidy.

NASC contact phone numbers:

Auckland Central 0800 631 1234

North Shore, Rodney, Waitakere..... 442 7171

South - Counties Manukau 276 0040

NB: inclusion in this listing does not indicate District Health Board endorsement. Prices are correct at time of publication but may be subject to change.

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Auckland

Anne Maree Gardens

| | | | |
|--------------|--|---------|-----------------------------|
| Contact | Resina Rakai | Address | 24 Coronet Place |
| Phone | 828 3741 | | Avondale |
| Fax | 828 3781 | | |
| Email | amgadmin@annemaree.co.nz | | www.annemareeresthome.co.nz |
| Hours | Monday to Sunday, flexible hours | | |
| Fees | Private fees \$65 or part-fund with Carer Support | | |
| Meals | Lunch, morning and afternoon tea | | |
| Transport | Not available | | |
| Programme | Comprehensive programme includes games, music therapy, crosswords, puzzles and a daily exercise programme | | |
| Suitable for | A range of abilities: those who are alert, frail or have dementia. Wheelchair users | | |
| Max | 7 | | |
| Staff | Registered nurse, diversional therapist, experienced and trained care givers. Complete assessment before client begins programme | | |
| Space | Day programme is integrated with activities of rest home Programme runs on public holidays | | |

Aranui Home and Hospital

| | | | |
|--------------|---|---------|------------------|
| Contact | Janice Van Mil | Address | 19 Woodward Road |
| Phone | 846 2944 / 0275 415 759 | | Mt Albert |
| Fax | 815 0562 | | |
| Email | manager@aranui.co.nz | | www.aranui.co.nz |
| Hours | Monday to Friday, 9am to 3pm or by negotiation | | |
| Fees | Dementia Day Care, Carer Support rate, or \$63.80 for a full day | | |
| Meals | Hot midday meal, morning and afternoon tea included | | |
| Transport | \$12 each way | | |
| Programme | Integrated with rest home activities; games, outings, crafts, walks, entertainment, intellectual activities, exercise and special themes. | | |
| Suitable for | A range of abilities; frail, alert people and those with mild dementia | | |
| Max | 10 - 15 | | |
| Staff | Diversional therapist and activity staff, plus access to registered nurses | | |
| Space | Day care lounge, recliner chairs available Podiatrist, physiotherapist and hairdresser are available - charges apply | | |

Dominion Home

| | | | |
|--------------|--|---------|--------------------|
| Contact | Dawn Tatham | Address | 4 Invermay Ave |
| Phone | 620 5533 | | Mt Roskill |
| Fax | 620 4593 | | www.eldernet.co.nz |
| Email | dominionhome.dementia@gmail.com | | |
| Hours | Monday to Sunday, 7am to 6pm | | |
| Fees | Carer Support subsidy half-day rate or privately paying | | |
| Meals | All meals provided | | |
| Transport | No transport available | | |
| Programme | Integrated with programme for long-term residents, includes outings if there are seats available | | |
| Suitable for | People with dementia | | |
| Max | 10 | | |
| Staff | Activity co-ordinators and registered nurse | | |
| Space | Secure environment | | |
| | Extended hours meet the needs of caregivers who work full time. Respite service available | | |

Elizabeth Knox

| | | | |
|--------------|--|---------|----------------|
| Contact | Megan Bell | Address | 10 Ranfurly Rd |
| Phone | 520 8448 | | Epsom |
| Fax | 522 2473 | | www.knox.co.nz |
| Email | meganb@knox.co.nz | | |
| Hours | Depends on individual needs | | |
| Fees | Carer Support subsidy or \$45 per half day, \$65 per full day | | |
| Meals | Main meal, tea / coffee | | |
| Transport | Not available | | |
| Programme | Integrated with rest home activities: social, physical and intellectual activities | | |
| Suitable for | Those looking for more social interaction and independent with their own cares | | |
| Max | 3 | | |
| Staff | Registered nurse, care partners | | |
| Space | General lounges and the Olive café | | |

Enliven Club

| | | | |
|--------------|--|---------|----------------|
| Contact | Eva Tollemache | Address | 77 Grey St |
| Phone | 622 9696 | | Onehunga |
| Fax | 622 4790 | | www.psn.org.nz |
| Email | eva.tollemache@psn.org.nz | | |
| Hours | Tuesday to Friday 7.30am to 4.30pm, closed Mondays | | |
| Fees | Dementia Day Care funding (assessed by NASC) | | |
| Meals | Lunch, morning and afternoon tea | | |
| Transport | Van available for transport, costs \$10 return trip | | |
| Programme | Individual programmes developed by occupational therapist after visiting client and family at home. Activities include cognitive stimulation therapy, music sessions, gardening in raised garden beds, baking, Tai Chi, walking groups and an outing once a week | | |
| Suitable for | Auckland DHB referred with diagnosis of dementia | | |
| Max | 20 | | |
| Staff | Team leader, trained support workers, occupational therapist and registered nurse input. Male support worker who speaks both Hindi and Gujararti languages. | | |
| Space | Onehunga Centennial Hall, Grey St, Onehunga, adjacent to Enliven Auckland premises | | |

Lavender Cottage

| | | | |
|--------------|---|---------|-----------------------------|
| Contact | Roxane Ducusin | Address | 23 Wainoni Street |
| Phone | 815 4785 | | Pt Chevalier |
| Fax | 845 0836 | | www.selwynfoundation.org.nz |
| Email | Roxane.Ducusin@selwynfoundation.org.nz | | |
| Hours | Monday to Friday, 9am to 3pm for the clients | | |
| Fees | Dementia Day Care subsidy or \$48.38 per day | | |
| Meals | Morning tea and lunch | | |
| Transport | \$16.00 return | | |
| Programme | Cognitive stimulation therapy session, indoor bowls, baby buddy, clown doctors and dance therapy (additional) | | |
| Suitable for | Mild – moderate dementia | | |
| Max | 16 | | |
| Staff | Two trained care staff | | |
| Space | Separate, secure specialist unit | | |
| | Podiatrist and hair dresser appointments can be arranged during Day Care hours, extra costs apply | | |

Sylvia Park Rest Home & Hospital

| | | | |
|--------------|--|---------|--------------------|
| Contact | Wen Ying Xu | Address | 26 Longford St |
| Phone | 527 3131 ext 1 | | Mt Wellington |
| Fax | 527 0152 | | www.eldernet.co.nz |
| Email | sylviaparkresthome@xtra.co.nz | | |
| Hours | 7 days, times negotiable | | |
| Fees | \$50 cost for hours 9.30am - 3.30pm | | |
| Meals | Hot Chinese or Kiwi lunch, tea / coffee, dinner also available | | |
| Transport | Not available | | |
| Programme | Integrated with rest home / hospital activities; Chinese TV, exercise, Mah Jong, Chinese newspaper | | |
| Suitable for | A range of abilities; alert people, those with early dementia | | |
| Max | 5 | | |
| Staff | Activity coordinator and team of well trained multi-lingual staff | | |
| Space | Rest home lounge and 5 hospital lounges | | |

The Anchorage Day Centre

| | | | |
|--------------|---|---------|------------------------------|
| Contact | Savita Kiran | Address | Cnr Taniwha St & Elstree Ave |
| Phone | 815 3991 or 021 725 467 | | Glen Innes |
| Fax | 320 4721 | | www.selwyncare.org.nz |
| Email | savitak@selwyncare.org.nz | | |
| Hours | Monday to Friday, 9am to 3.15pm. Closed public holidays | | |
| Fees | Dementia Day Care (assessed by NASC) or \$50 per day | | |
| Meals | Cooked lunch, morning and afternoon tea | | |
| Transport | Available by arrangement, \$6.00 each way | | |
| Programme | Varied programme; exercises, group activities, crafts and other suitable activities | | |
| Suitable for | Older adults with dementia living in the community | | |
| Max | 25 - 27 | | |
| Staff | Diversional therapist, two caregivers and volunteers | | |
| Space | St Marys Church, secure area includes outdoor space | | |

Counties Manukau

Ambridge Rose Cottage

| | | | |
|--------------|---|---------|--------------------|
| Contact | Jackie Wood-Ciobanu | Address | 7 Voltaire Court |
| Phone | 535 5863 | | Howick |
| Fax | 533 3678 | | www.eldernet.co.nz |
| Email | info@ambridgerose.co.nz | | |
| Hours | Monday to Friday, weekends negotiable | | |
| Fees | \$65 per day | | |
| Meals | Hot midday meal, tea / coffee | | |
| Transport | Not available | | |
| Programme | Varied; outings, entertainment, bingo, games, Chinese TV and personalised planning | | |
| Suitable for | Dementia clients | | |
| Max | 5 (negotiable) | | |
| Staff | Facility manager, registered nurse, caregivers, activities co-ordinator | | |
| Space | Ambridge Rose Cottage – Dementia Unit Access to occupational therapy, hairdressing and podiatrist, extra costs apply | | |

Enliven Counties Manukau Day Programme

| | | | |
|--------------|--|---------|--------------------|
| Contact | Deborah Take | Address | 217 Weymouth Rd |
| Phone | 267 1312 / 027 489 7115 | | Manurewa |
| Fax | 267 7079 | | www.enliven.org.nz |
| Email | deborah.take@psn.org.nz | | |
| Hours | Monday to Friday, 8am to 5pm | | |
| Fees | DHB referrals no charge except transport. Private clients pay DHB contract rate. | | |
| Meals | Lunch, morning and afternoon tea | | |
| Transport | Van available for transport, \$5 single trip, \$10 return | | |
| Programme | Group and individual activities, entertainment and outings | | |
| Suitable for | Frail, older people, or those with some form of dementia | | |
| Max | 25 | | |
| Staff | All support workers have level four dementia training with Careerforce, plus a qualified diversional therapist | | |
| Space | St Pauls Presbyterian church rooms | | |

Kolmar Lodge Rest Home

| | | | |
|--------------|---|---------|-----------------|
| Contact | Nilam Naidu | | |
| Phone | 278 0076 / 021 178 7071 | Address | 136 Kolmar Road |
| Fax | 277 7951 | | Papatoetoe |
| Email | kolmarlodge@yahoo.co.nz | | |
| Hours | 7 days, 8am to 5pm | | |
| Fees | Day Care \$65 per day or Carer Support funding | | |
| Meals | Hot midday meal, tea / coffee with snacks | | |
| Transport | Not available | | |
| Programme | Varied; outings, entertainment, games | | |
| Suitable for | Frail clients or those with mild dementia | | |
| Max | 5 | | |
| Staff | Caregivers, registered nurse, activities co-ordinator and diversional therapist | | |
| Space | Kolmar Lodge rest home | | |
| | Access to hairdresser and podiatrist, extra costs apply | | |

Palms Lifecare Day Care

| | | | |
|--------------|---|---------|----------------------------|
| Contact | Bev Foster | | |
| Phone | 09 237 3070 | Address | 104 Harris St |
| Fax | 09 237 3888 | | Pukekohe |
| Email | Daycare.palms@hll.org.nz | | www.heritagelifecare.co.nz |
| Hours | Monday to Friday, 8.00am to 5pm, except for public holidays | | |
| Fees | \$71 per day, Carer Support funding or NASC referral | | |
| Meals | Main meal at lunchtime, morning and afternoon teas, snacks | | |
| Transport | Transport provided for all seniors funded through Pukekohe Family Support | | |
| Programme | Full, varied programme | | |
| Suitable for | People over 65 years, frail elderly requiring socialisation or early dementia support | | |
| Max | 18 | | |
| Staff | 2 - 3 staff depending on numbers | | |
| Space | Purpose-built separate wing at Palms rest home, Pukekohe | | |
| | Access to hairdressing and podiatry services, extra costs apply; other contact: Nikki Windsor | | |

Parkhaven Hospital

| | | | |
|--------------|--|---------|-------------------|
| Contact | Pamela Nisbet | Address | 131 Buckland Road |
| Phone | 275 6069 | | Mangere East |
| Fax | 275 6078 | | www.bupa.co.nz |
| Email | parkhaven@bupa.co.nz | | |
| Hours | Monday to Friday, 8am to 5pm | | |
| Fees | \$67.88 per day | | |
| Meals | Cooked lunch, morning and afternoon tea | | |
| Transport | \$5 each way | | |
| Programme | Comprehensive monthly programme integrated with hospital activities includes games, music therapy, puzzles, crafts, gardening, board games, theme days and entertainment | | |
| Suitable for | Frail, alert and dementia clients. Wheelchair users by arrangement. Those looking for a community activity programme | | |
| Max | 25 | | |
| Staff | Registered nurse, activities coordinator, caregivers | | |
| Space | Parkhaven hospital lounges, deck and garden areas Access to hairdresser, podiatrist and physiotherapy, extra costs apply | | |

Senior Living Day Programme - HBH

| | | | |
|--------------|---|---------|----------------|
| Contact | Lorraine Le Roux | Address | 139 Union Road |
| Phone | 538 0809 | | Howick |
| Fax | 534 1119 | | www.hbh.org.nz |
| Email | Lorraine.LeRoux@hbh.org.nz | | |
| Hours | Monday to Friday, 8am to 5pm or hours negotiable | | |
| Fees | DHB subsidy (requires NASC assessment) for Carer Support payments, \$60 per day GST inclusive, if paying privately | | |
| Meals | Two course hot lunch, morning tea, drinks and snacks available throughout the day | | |
| Transport | Provided within set area, \$11.00 one way, \$16.00 return | | |
| Programme | Varied programme offers a range of different activities and musical entertainment | | |
| Suitable for | Frail elderly, confused and dementia clients. Not suitable for people who might wander. | | |
| Max | Up to 60 clients per day | | |
| Staff | Team leader (enrolled nurse), occupational therapy assistants, social worker, volunteers and registered nurse on call | | |
| Space | Day Programme is held in a purpose-built area adjacent to the resthome Access to hairdresser, extra costs apply | | |

Wattle Downs Care Home

| | | | |
|--------------|--|---------|----------------------|
| Contact | Gill Harding | Address | 120 Wattle Farm Road |
| Phone | 027 202 5485 | | Wattle Downs |
| Fax | 985 5578 | | www.bupa.co.nz |
| Email | Gill.harding@bupa.co.nz | | |
| Hours | Monday to Friday, 9am to 5pm. Half-day option available. | | |
| Fees | \$75 - \$100 per day (See conditions for Carer Support subsidy) | | |
| Meals | Morning / afternoon tea, lunch. Dinner is served at 5pm | | |
| Transport | No transport available | | |
| Programme | Integrated with rest home activities; games, walks, gentle exercises, arts, crafts, news and views, housie, card / board games, crossword puzzles, entertainment, movies and manicure sessions | | |
| Suitable for | Elderly 65 years and over | | |
| Max | 5 | | |
| Staff | Two activities staff, nurses and caregivers on duty | | |
| Space | Ground floor lounge / dining room Hairdresser for additional cost | | |

North Shore

Anne Maree Court

| | | | |
|--------------|--|---------|-----------------------------|
| Contact | Angela Lowe | Address | 17-27 Fraser Ave |
| Phone | 418 3118 | | Northcote |
| Fax | 418 2270 | | www.annemareeresthome.co.nz |
| Email | amcmanager@annemaree.co.nz | | |
| Hours | 7 days a week, 9am to 3pm | | |
| Fees | Private fees \$65 per day | | |
| Meals | Lunch, tea / coffee | | |
| Transport | Dependent on availability of minibus, cost relates to distance | | |
| Programme | Comprehensive monthly programme includes games, music therapy, pool, crosswords, puzzles, daily exercise programme and twice monthly outings | | |
| Suitable for | Frail, alert and dementia clients, wheelchair users | | |
| Max | 15 | | |
| Staff | Registered nurse, diversional therapist, experienced and trained care givers. Complete assessment before client begins programme | | |
| Space | Rest home and hospital facility Programme runs on public holidays and weekends | | |

Aria Bay Retirement Village

| | | | |
|--------------|--|---------|------------------------|
| Contact | Kaye Jensen | Address | 3-7 Woodlands Crescent |
| Phone | 479 1871 | | Browns Bay |
| Fax | 479 7766 | | www.eldernet.co.nz |
| Email | manager@ariabay.co.nz | | |
| Hours | Monday to Friday, 9am to 4pm, or by arrangement with manager | | |
| Fees | Daily rate \$77.23 or Carer support subsidy, plus top-up fee of \$74.07 | | |
| Meals | Midday meal, tea / coffee, cater for vegetarians and diabetics | | |
| Transport | Not available | | |
| Programme | Set weekly programme; quizzes, crafts, exercise, speakers, bingo and outings with rest home residents | | |
| Suitable for | Wide range of abilities, though people need to be able to feed themselves | | |
| Max | 2 | | |
| Staff | Activities co-ordinator, mobility therapist, caregivers and registered nurses | | |
| Space | Rest home lounge and quiet / library room Access to hair dressing, physiotherapy and podiatry services, extra costs apply | | |

Ascot House

| | | | |
|--------------|--|---------|-----------------|
| Contact | Shona Rishworth | Address | 137 Vauxhall Rd |
| Phone | 445 2518 | | Devonport |
| Fax | 446 0366 | | |
| Email | rishworth@ascothouse.co.nz | | |
| Hours | Monday to Wednesday, 9am to 3pm | | |
| Fees | \$55 per day, extras by negotiation | | |
| Meals | Midday meal with dessert, tea / coffee | | |
| Transport | Not provided | | |
| Programme | Full, varied programme | | |
| Suitable for | Alert people and those with dementia, wheelchair users | | |
| Max | 4 | | |
| Staff | Diversional therapist | | |
| Space | Separate rest home lounge set-up for day care | | |

BriarGate Dementia Care

| | | | |
|--------------|---|---------|-------------------------|
| Contact | Eva McGonigal | Address | 21-23 Anne McLean Drive |
| Phone | 444 4484 | | Bayview |
| Fax | 443 3883 | | www.briargate.co.nz |
| Email | manager@briargate.co.nz | | |
| Hours | Monday to Friday, 9am to 3pm (flexible) | | |
| Fees | \$57 - \$90 per day | | |
| Meals | Lunch, tea / coffee | | |
| Transport | Pick up and drop off at no cost | | |
| Programme | Games and entertainment | | |
| Suitable for | Dementia clients | | |
| Max | 15 | | |
| Staff | Diversional therapist, two nurses and five healthcare assistants | | |
| Space | Integrated with activities at BriarGate dementia unit Podiatrist and hairdresser on request, extra costs apply | | |

Dees Dementia Social Group

| | | | |
|--------------|---|---------|----------------------------------|
| Contact | Margaret Pont | Address | Mairangi Bay Presbyterian Church |
| Phone | 489 3176 / 027 225 8893 | | 10 Penzance Rd |
| Fax | n/a | | www.enliven.org.nz |
| Email | margaret.pont@psn.org.nz | | |
| Hours | Mairangi Bay: Thursday 10am to 2pm | | |
| Fees | \$5 per day | | |
| Meals | Tea and coffee provided, clients bring own lunch | | |
| Transport | Not provided | | |
| Programme | Indoor bowls, board games, quizzes, singing | | |
| Suitable for | Early stages of dementia | | |
| Max | 14 | | |
| Staff | 8 trained volunteers | | |
| Space | Presbyterian churches, 10 Penzance Rd, Mairangi Bay and 2 The Terrace, Takapuna | | |

Fairview Day Care

| | | | |
|--------------|---|---------|------------------------|
| Contact | Darlene Eweje | Address | 21 Fairview Ave |
| Phone | 477 3980 | | Albany |
| Fax | 477 3981 | | www.fairviewcare.co.nz |
| Email | darlene.eweje@fairviewcare.co.nz | | |
| Hours | 10am to 4pm, negotiable | | |
| Fees | \$60 per day, negotiable | | |
| Meals | Two course main meal provided, tes / coffee | | |
| Transport | Not available | | |
| Programme | Varied programme includes newspaper reading, games, speakers, entertainment, outings | | |
| Suitable for | Dependent older people | | |
| Max | 5 participants, join in hospital activities programme | | |
| Staff | Activities coordinator, registered nurse, trained volunteers and additional staff as required | | |
| Space | Large lounge for group activities and smaller quiet lounge. Not a secure unit | | |

Glenhaven Rest Home

| | | | |
|--------------|---|---------|-----------------------------|
| Contact | Madhu Mudaliar | Address | 428 Glenfield Rd |
| Phone | 444 7722 | | Glenfield |
| Fax | 444 7750 | | www.glenhavenresthome.co.nz |
| Email | manager@glenhavenresthome.co.nz | | |
| Hours | 7 days, 9am to 4pm, negotiable | | |
| Fees | Carer Support subsidy or \$50 per day | | |
| Meals | Cooked lunch and dessert, morning and afternoon tea | | |
| Transport | Negotiable | | |
| Programme | Integrated with rest home activities, games, crafts, puzzles, board games, bingo and outings | | |
| Suitable for | Frail elderly, able to mobilise independently or with stick / walking frame. Not suitable for people who may wander | | |
| Max | 3 | | |
| Staff | Activities co-ordinator, registered nurse, caregivers | | |
| Space | Lounge, dining room and outdoor area | | |

Heritage Rest Home

| | | | |
|--------------|---|---------|--------------|
| Contact | Lisa Smith / Marianne Poulson | | |
| Phone | 09 423 7092 / 09 423 6006 | Address | 2 Olympus Rd |
| Fax | 09 423 7859 | | Wellsford |
| Email | nursemanager.heritage@gmail.com | | |
| Hours | 7 days, 7am to 7pm, or by negotiation with manager | | |
| Fees | Fees: from \$50 per day, depending on time and services required. Full \$70 daily rate includes meals | | |
| Meals | Hot midday meal, tea / coffee | | |
| Transport | Negotiable | | |
| Programme | Exercise 1.30 to 2.30pm, bingo, sit fit, movies, visits to library, bus trips and CMA | | |
| Suitable for | Frail elderly, confused and socially isolated | | |
| Max | 2 | | |
| Staff | Rest home staff. Staff ratio of one to four residents | | |
| Space | 2 lounges, 2 decks and garden area | | |
| | One on one walks by staff, activities every day, large vegetable garden to tend if interested | | |

Palm Grove Rest Home

| | | | |
|--------------|--|---------|------------|
| Contact | Jeanette Griffiths | | |
| Phone | 445 0009 / 029 445 0009 | Address | 8 Grove Rd |
| Fax | 445 6503 | | Devonport |
| Email | manager@palmgrove.info | | |
| Hours | 7 days, hours negotiable | | |
| Fees | Carer Support subsidy or \$50 per day | | |
| Meals | Lunch and dinner included, tea / coffee | | |
| Transport | Transport available if necessary | | |
| Programme | Games, crosswords, puzzles, crafts, outings, exercise, hand and foot massage, entertainment, chair yoga, movies and happy hour on Friday | | |
| Suitable for | Age 55+ years. Alert people and those with memory loss or confusion | | |
| Max | 4 | | |
| Staff | Diversional therapist, trained carers, registered nurse | | |
| Space | Large rest home lounge, family room | | |
| | Russian speaking staff. | | |

Patrick Ferry House

| | | | |
|--------------|--|---------|-----------------------------|
| Contact | Laura Keesing | Address | 47 Condor Place |
| Phone | 444 6655 ext 207 | | Unsworth Heights |
| Fax | 444 6658 | | www.patrickferryhouse.co.nz |
| Email | admin@patrickferryhouse.co.nz | | |
| Hours | Monday to Sunday, flexible hours | | |
| Fees | Carer Support funding or \$90 privately funded | | |
| Meals | Morning tea, lunch and afternoon tea | | |
| Transport | No transport available | | |
| Programme | Comprehensive programme which includes games, music, puzzles, daily exercise programme and weekly van outing. Weekly outings cost \$4 per trip | | |
| Suitable for | Older adults with a range of abilities | | |
| Max | 8 | | |
| Staff | Activities Co-ordinator with assistance from duty health care assistants | | |
| Space | Rest home environment Four lounges and two dining rooms. Interior courtyard and walking area through bushland on-site. | | |

Platinum Community Rehab & Day Centre

| | | | |
|--------------|--|---------|---------------------------------|
| Contact | Megan Minton or Monica Grimshaw | | |
| Phone | (09) 421 1511 or 021 264 3688 | Address | 7 Greenview Lane |
| Fax | (09) 421 1529 | | Red Beach |
| Email | monica@platinumcommunitycare.co.nz | | www.platinumcommunitycare.co.nz |
| Hours | Monday to Friday, 9am to 4pm, negotiable | | |
| Fees | \$120, Carer Support subsidy can be used as part-payment | | |
| Meals | Morning and afternoon tea, lunch provided | | |
| Transport | Courtesy van available for pick up or drop off | | |
| Programme | Exercise programme, gardening, baking, card and board games, mens workshop, woodwork, music, arts and crafts. Client abilities and preferences taken into account | | |
| Suitable for | All levels of dementia and older people wanting social interaction | | |
| Max | 20 per session | | |
| Staff | Occupational therapists, trainee diversional therapist and activities coordinators. All staff are trained in dementia care and attend regular education sessions | | |
| Space | Lounge, dining, library, several activities rooms, kitchen and quiet room with a day bed In-home respite care includes overnight stays. Occupational Therapy and clinical driving assessments | | |

Solemar

| | | | |
|--------------|---|---------|----------------------------|
| Contact | Sean Milne | Address | 163 Hibiscus Coast Highway |
| Phone | 09 421 1428 | | Orewa |
| Fax | 09 421 1728 | | |
| Email | facility.manager@solemar.co.nz | | |
| Hours | 7 days a week, from 8am for 8 hours care | | |
| Fees | Carer Support subsidy or \$57.50 per day rest home, \$74.75 dementia care | | |
| Meals | Hot, home made meals. Tea, coffee and snacks provided. | | |
| Transport | Not available | | |
| Programme | Full activities programme, outings, gardening, live entertainment | | |
| Suitable for | Frail, alert and dementia clients, wheelchair users | | |
| Max | Please contact facility manager for information | | |
| Staff | Clinical manager, registered nurse, caregivers, activities coordinator | | |
| Space | Three hospital / rest home lounges, one dementia lounge | | |

Totara Club Dementia Day Care

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|--------------|--|---------|---------------------|
| Contact | Gael Ansell | Address | 550 East Coast Road |
| Phone | 477 2637 | | Windsor Park |
| Fax | 479 5353 | | www.equip.net.nz |
| Email | totara.club@equip.net.nz | | |
| Hours | Monday to Friday, 10.00am to 3.00pm | | |
| Fees | No charge for clients referred by Waitemata DHB Needs Assessors, though a top-up of \$10 per day may be required depending on level of funding. Private clients \$75 per day | | |
| Meals | Morning / afternoon tea and lunch provided | | |
| Transport | Not provided | | |
| Programme | Activities are designed to maintain and improve physical, social, cultural and cognitive well-being. Each club member has an individualised programme to meet their specific strengths and needs | | |
| Suitable for | People with a confirmed mild to moderate dementia and relatively independent with self care skills | | |
| Max | 15 | | |
| Staff | Three dementia trained staff members employed, students on placement from nursing, occupational therapy and social work courses, plus volunteers | | |
| Space | Large secure space adjoining Windsor Park church with outdoor area and raised gardens | | |

Waitakere

Edmonton Meadows

| | | | |
|--------------|---|---------|--------------------|
| Contact | Christine Ward, Maria Suares | | |
| Phone | 836 3606 | Address | 46 Edmonton Rd |
| Fax | 836 3606 | | Henderson |
| Email | edmontonhome@yahoo.com | | www.eldernet.co.nz |
| Hours | 7 days, 8am to 5pm | | |
| Fees | Fees \$75 per day or Carer Support / Respite Care | | |
| Meals | Hot midday meal, tea / coffee with snacks | | |
| Transport | Not available | | |
| Programme | Varied outings, entertainment, games | | |
| Suitable for | Frail clients or those with mild dementia | | |
| Max | 5 | | |
| Staff | Caregivers, registered nurse, activities co-ordinators and diversional therapist | | |
| Space | Edmonton Meadows Care Home Access to hairdresser and podiatrist, extra costs apply | | |

Goodwood Seadrome

| | | | |
|--------------|---|---------|------------------|
| Contact | Tina Chivers | | |
| Phone | 833 7506 | Address | 167 Colwill Road |
| Fax | 833 7622 | | Massey |
| Email | tina@seadrome.co.nz | | |
| Hours | 7 days, time negotiable to suit client's needs | | |
| Fees | Carer Support subsidy or \$50 per day | | |
| Meals | Midday meal, tea / coffee | | |
| Transport | Not available | | |
| Programme | Integrated with Dementia unit activities; art, crafts, games, dance, music groups, community singing / choir, walking groups, entertainers, blokes group, Maori Te Wa and outings | | |
| Suitable for | People with Alzheimer's or dementia, challenging behaviour | | |
| Max | 5 | | |
| Staff | Aides, registered nurse, occupational therapist and physiotherapist | | |
| Space | Rest home lounges on large secure site | | |

Royal Heights

| | | | |
|--------------|---|---------|---------------------|
| Contact | Pam Miller | Address | 154 Royal Rd |
| Phone | 833 9333 | | Massey |
| Fax | 833 4993 | | www.rest-home.co.nz |
| Email | info@rest-home.co.nz | | |
| Hours | 7 days, hours dependent on services required | | |
| Fees | \$49 per day | | |
| Meals | Main midday meal, tea / coffee | | |
| Transport | Not available, rest home 100m from bus stop | | |
| Programme | Integrated with rest home activities, varied programme; exercise, games, church service, wine and entertainment | | |
| Suitable for | Fairly independent people | | |
| Max | Depends on activity, bookings are essential | | |
| Staff | Activities co-ordinator, registered nurse, trained caregivers | | |
| Space | Lounges, sun rooms, games room, dining room, gym and outdoor area Access to podiatrist and hairdresser at extra cost | | |

West Harbour Gardens

| | | | |
|--------------|---|---------|-----------------------------|
| Contact | Jacqueline Parker-Nance | Address | 315 Hobsonville Road |
| Phone | 417 0400 | | West Harbour |
| Fax | 417 0401 | | www.sunrisehealthcare.co.nz |
| Email | whgadmin@sunrisehealthcare.co.nz | | |
| Hours | Monday to Friday, 9.30am to 2.30pm, negotiable | | |
| Fees | \$65 per day | | |
| Meals | Lunch, morning and afternoon tea | | |
| Transport | Not available | | |
| Programme | Integrated into rest home activities | | |
| Suitable for | Dependent older people | | |
| Max | 5 | | |
| Staff | Care facility staff | | |
| Space | West Harbour Gardens care facility Hairdresser, respite care and overnight stays negotiable, extra costs apply | | |