

## Day Programmes for Older People - Auckland (May 2021)

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This listing is for caregivers requiring day care for a dependent older person. The information is arranged in broad geographical areas: Central, West, North and South Auckland to help guide your search. All prices include GST.

Many rest homes and long-term care hospitals will accept a day stay client on an informal basis. The cost of day care ranges from \$15 to \$120 per day. There may be extra cost for those offering transport.

A separate listing for more independent older people called *Activities for Older People* is also available from Seniorline.

### Subsidies

Carer Support Subsidy can be used to help with fees where the day stay is used to provide a rest for a caregiver. Eligibility for this subsidy is assessed by the Needs Assessment and Service Coordination service (NASC) contracted to your local District Health Board. Disability Allowance up to \$66.11 a week may apply. It is income tested.

Free day care may be available for people with a diagnosis of dementia or Alzheimer's. Day programmes contracted for this type of service are limited. Needs Assessment and Service Co-ordination assess and authorise the subsidy.

### NASC contact phone numbers:

Auckland Central ..... 631 1234 or 0800 631 1234

North Shore, Rodney, Waitakere..... 442 7171 or 0800 80 93 42

South - Counties Manukau ..... 277 3440 or 0800 262 368

*NB: inclusion in this listing does not indicate District Health Board endorsement. Prices are correct at time of publication but are subject to change. There may be changes due to Covid-19 restrictions.*

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## Auckland

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### Anne Maree Gardens

Contact	Resina Rakai	Address	24 Coronet Place
Phone	828 3741		Avondale
Fax	828 3781		
Email	amgadmin@annemaree.co.nz		www.annemareeresthome.co.nz
Hours	Monday to Sunday, flexible hours		
Fees	Private fees \$70 or part-fund with Carer Support		
Meals	Lunch, morning and afternoon tea		
Transport	Not available		
Programme	Comprehensive programme includes games, music therapy, crosswords, puzzles and a daily exercise programme		
Suitable for	A range of abilities: those who are alert, frail or have dementia. Wheelchair users		
Max	7		
Staff	Registered nurse, diversional therapist, experienced and trained care givers. Complete assessment before client begins programme		
Space	Day programme is integrated with activities of rest home Programme runs on public holidays		

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### Aranui Home and Hospital

Contact	Janice Van Mil	Address	19 Woodward Road
Phone	846 2944 / 0275 415 759		Mt Albert
Fax	815 0562		
Email	manager@aranui.co.nz		www.aranui.co.nz
Hours	Monday to Friday, 9am to 3pm or by negotiation		
Fees	Dementia Day Care, Carer Support rate or \$67.17 for a full day		
Meals	Hot midday meal, morning and afternoon tea included		
Transport	\$12 each way		
Programme	Integrated with rest home activities; games, outings, crafts, walks, entertainment, intellectual activities, exercise and special themes.		
Suitable for	A range of abilities; frail, alert people and those with mild dementia		
Max	10 - 15		
Staff	Diversional therapist and activity staff, plus access to registered nurses		
Space	Day care lounge, recliner chairs available Podiatrist, physiotherapist and hairdresser are available - charges apply		

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## **Dominion Home**

Contact	Dawn Tatham	Address	4 Invermay Ave
Phone	620 5533		Mt Roskill
Fax	n/a		www.eldernet.co.nz
Email	dominionhome.dementia@gmail.com		
Hours	Monday to Sunday, 9am to 3.30pm		
Fees	Carer Support subsidy half-day rate or privately paying		
Meals	Lunch and morning / afternoon tea		
Transport	No transport available		
Programme	Integrated with programme for long-term residents, includes outings if there are seats available		
Suitable for	People with dementia and under 65		
Max	10		
Staff	Activity co-ordinators and registered nurse		
Space	Secure environment		
	Extended hours meet the needs of caregivers who work full time. Respite service available		

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## **Elizabeth Knox**

Contact	Megan Bell	Address	10 Ranfurly Rd
Phone	520 8448		Epsom
Fax	522 2473		www.knox.co.nz
Email	meganb@knox.co.nz		
Hours	Depends on individual needs		
Fees	Carer Support subsidy or \$77.23 per full day (GST incl)		
Meals	Main meal, tea / coffee		
Transport	Not available		
Programme	Integrated with rest home activities: social, physical and intellectual activities		
Suitable for	Those looking for more social interaction and independent with their own cares		
Max	3		
Staff	Registered nurse, care partners		
Space	General lounges and the Olive café		

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## EnliveDay Service

Contact	Eva Tollemache	Address	79 Grey St
Phone	622 9696		Onehunga
Fax	622 4790		www.psn.org.nz
Email	eva.tollemache@psn.org.nz		
Hours	Tuesday to Friday 8am to 4pm, closed Mondays. Clients start at 9am until 2pm		
Fees	Dementia Day Care funding (assessed by NASC)		
Meals	Lunch, morning tea		
Transport	Van available for transport, costs \$12 return trip		
Programme	Individual programmes developed by occupational therapist after visiting client and family at home. Activities include cognitive stimulation therapy, music therapy, gardening in raised garden beds, baking, Tai Chi, Otago Strength and Balance, community walks, table games, craft activities plus themed days		
Suitable for	Auckland DHB referred with diagnosis of dementia		
Max	18		
Staff	Team leader is Registered OT trained support workers, registered nurse input available if necessary. One social worker speaks Tongan and Samoan		
Space	Onehunga Centennial Hall, Grey St, Onehunga, adjacent to Enliven Auckland premises Offer Otago Strength and Balance Programme and Ronnie Gardiner Music Therapy		

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## Lavender Cottage

Contact	Roxane Ducusin	Address	23 Wainoni Street
Phone	815 4785		Pt Chevalier
Fax	845 0836		www.selwynfoundation.org.nz
Email	Roxane.Ducusin@selwynfoundation.org.nz		
Hours	Monday to Friday, 9am to 3pm for clients		
Fees	Dementia Day Care subsidy or \$65.73 inc GST per day		
Meals	Morning tea and lunch		
Transport	\$16.00 return		
Programme	Cognitive stimulation therapy session, indoor bowls, baby buddy, clown doctors, dance, art and music therapy		
Suitable for	Mild to moderate dementia		
Max	16		
Staff	Two trained care staff		
Space	Separate, secure specialist unit Podiatrist and hair dresser appointments can be arranged during Day Care hours, extra costs apply.		

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## Sylvia Park Rest Home & Hospital

Contact	Wen Ying Xu	Address	26 Longford St
Phone	527 3131 ext 1		Mt Wellington
Fax	527 0152		www.eldernet.co.nz
Email	sylviaparkresthome@xtra.co.nz		
Hours	7 days, times negotiable		
Fees	\$50 cost for hours 9.30am - 3.30pm		
Meals	Hot Chinese or Kiwi lunch, tea / coffee, dinner also available		
Transport	Not available		
Programme	Integrated with rest home / hospital activities; Chinese TV, exercise, Mah Jong, Chinese newspaper		
Suitable for	A range of abilities; alert people, those with early dementia		
Max	5		
Staff	Activity coordinator and team of well trained multi-lingual staff		
Space	Rest home lounge and 5 hospital lounges		

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## The Anchorage Day Centre

Contact	Savita Kiran	Address	Cnr Taniwha St & Elstree Ave
Phone	815 3991 or 021 725 467		Glen Innes
Fax	320 4721		www.selwyncare.org.nz
Email	savitak@selwyncare.org.nz		
Hours	Monday to Friday, 9am to 3.15pm. Closed public holidays		
Fees	Dementia Day Care (assessed by NASC) or \$65.73 per day		
Meals	Cooked lunch, morning and afternoon tea		
Transport	Available by arrangement, \$6.00 each way		
Programme	Varied programme; exercises, group activities, crafts and other suitable activities		
Suitable for	Older adults with dementia living in the community		
Max	25 - 27		
Staff	Diversional therapist, two caregivers and volunteers		
Space	St Marys Church, secure area includes outdoor space		

## Counties Manukau

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### Ambridge Rose Cottage

Contact	Jackie Wood-Ciobanu	Address	7 Voltaire Court
Phone	535 5863		Howick
Fax	533 3678		www.ambridgerose.co.nz
Email	info@ambridgerose.co.nz		
Hours	Monday to Friday, weekends negotiable		
Fees	\$76.95 per day, to be reviewed July 1st, 2021		
Meals	Hot midday meal, tea / coffee		
Transport	Not available		
Programme	Varied; outings, entertainment, bingo, games, Chinese TV and personalised planning		
Suitable for	Dementia clients		
Max	5 (negotiable)		
Staff	Facility manager, registered nurse, caregivers, activities co-ordinator		
Space	Ambridge Rose Cottage – Dementia Unit Access to occupational therapy, hairdressing and podiatrist, extra costs apply		

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### David Lange Care Home

Contact	Yvonne Kleyn	Address	4 James St
Phone	256 0092		Mangere East
Fax	257 2694		www.bupa.co.nz
Email	yvonne.kleyn@bupa.co.nz		
Hours	Monday to Friday, 8am - 3pm		
Fees	\$69.94 per day		
Meals	Lunch, morning / afternoon tea		
Transport	Availability is dependent on spaces		
Programme	Access to Residents' full activity programme including bowls, crosswords and van outings		
Suitable for	Residents who are independent and need minimal support		
Max	15		
Staff	Activities coordinator, caregivers		
Space	David Lange Care Home Hairdresser, extra cost and bookings required		

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## Enliven Counties Manukau Day Programme

Contact	Deborah Take	
Phone	267 1312 / 027 489 7115	Address 217 Weymouth Rd
Fax	267 7079	Manurewa
Email	deborah.take@psn.org.nz	www.enliven.org.nz
Hours	Monday to Friday, 8am to 5pm	
Fees	For DHB referrals the only cost is transport. Private clients pay DHB contract rate	
Meals	Lunch, morning and afternoon tea	
Transport	Van available for transport, \$6 single trip, \$12 return	
Programme	Group and individual activities, entertainment and outings	
Suitable for	Frail, older people, or those with some form of dementia	
Max	25	
Staff	Enrolled nurse with training in dementia and diversional therapy.	
Space	St Pauls Presbyterian church rooms	

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## Kolmar Lodge Rest Home

Contact	Nilam Naidu	
Phone	278 0076 / 021 178 7071	Address 136 Kolmar Road
Fax	277 7951	Papatoetoe
Email	kolmarlodge@yahoo.co.nz	
Hours	7 days, 8am to 5pm	
Fees	Day Care \$65 per day or Carer Support funding	
Meals	Hot midday meal, tea / coffee with snacks	
Transport	Not available	
Programme	Varied; outings, entertainment, games	
Suitable for	Frail clients or those with mild dementia	
Max	5	
Staff	Caregivers, registered nurse, activities co-ordinator and diversional therapist	
Space	Kolmar Lodge rest home	
	Access to hairdresser and podiatrist, extra costs apply	



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## Palms Lifecare Day Care

Contact	Janet Lester / Nikki Windsor		
Phone	09 237 3070	Address	104 Harris St
Fax	09 237 3888		Pukekohe
Email	Daycare.palms@hll.org.nz		www.heritagelifecare.co.nz
Hours	Monday to Friday, 8.00am to 5pm, except for public holidays		
Fees	\$71 per day, Carer Support funding or NASC referral		
Meals	Main meal at lunchtime, morning and afternoon teas, snacks		
Transport	Transport provided for all seniors funded through Pukekohe Family Support		
Programme	Full, varied programme		
Suitable for	People over 65 years, frail elderly requiring socialisation or early dementia support		
Max	18		
Staff	2 - 3 staff depending on numbers		
Space	Purpose-built separate wing at Palms rest home, Pukekohe Access to hairdressing and podiatry services, extra costs apply		

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## Senior Living Day Programme - HBH

Contact	Lorraine Le Roux		
Phone	538 0809	Address	139 Union Road
Fax	534 1119		Howick
Email	Lorraine.LeRoux@hbh.org.nz		www.hbh.org.nz
Hours	Monday to Friday, 8am to 5pm or hours negotiable		
Fees	DHB subsidy requires NASC assessment, Carer Support subsidy or \$72.40 per day (GST incl) if paying privately		
Meals	Two course hot lunch, morning tea, drinks and snacks available throughout the day		
Transport	One way transport \$12 per day, return trip \$17		
Programme	Varied programme offers a range of different activities and musical entertainment		
Suitable for	Frail elderly, confused and dementia clients. Not suitable for people who might wander		
Max	Up to 60 clients per day		
Staff	Enrolled nurse team leader, occupational therapy assistants, social worker, volunteers and registered nurse on call		
Space	Day programme is held in a purpose-built area adjacent to the resthome Access to hairdresser, extra costs apply		

## North Shore

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### Anne Maree Court

Contact	Filoata Tuato	Address	17-27 Fraser Ave
Phone	418 3118		
Fax	418 2270		Northcote
Email	amcmanager@annemaree.co.nz		www.annemareeresthome.co.nz
Hours	7 days a week, 9am to 3pm		
Fees	Private fees \$65 per day		
Meals	Lunch, tea / coffee		
Transport	Dependent on availability of minibus, cost relates to distance		
Programme	Comprehensive monthly programme includes games, music therapy, pool, crosswords, puzzles, daily exercise programme and twice monthly outings		
Suitable for	Frail, alert and dementia clients, wheelchair users		
Max	15		
Staff	Registered nurse, diversional therapist, experienced and trained care givers. Complete assessment before client begins programme		
Space	Rest home and hospital facility Programme runs on public holidays and weekends		

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### Ascot House

Contact	Arby Manalansan	Address	137 Vauxhall Rd
Phone	445 2518		
Fax	446 0366		Devonport
Email	arby@futurearagroup.co.nz		
Hours	Monday, Wednesday and Friday, 9am to 3pm		
Fees	\$55 per day, extras by negotiation		
Meals	Midday meal with dessert, morning and afternoon tea		
Transport	Not provided		
Programme	Full, varied programme		
Suitable for	Alert people and those with dementia, wheelchair users		
Max	4		
Staff	Diversional therapist		
Space	Separate rest home lounge set-up for day care		

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## BriarGate Dementia Care

Contact	Maree Pan	Address	21-23 Anne McLean Drive
Phone	444 4484		Bayview
Fax	443 3883		www.briargate.co.nz
Email	manager@briargate.co.nz		
Hours	Monday to Friday, 9am to 3pm (flexible)		
Fees	\$57 - \$90 per day		
Meals	Lunch, tea / coffee		
Transport	Not available		
Programme	Games and entertainment		
Suitable for	Dementia clients		
Max	2 per day		
Staff	Diversional therapist, two nurses and five healthcare assistants		
Space	Integrated with activities at BriarGate dementia unit Podiatrist and hairdresser on request, extra costs apply		

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## Fairview Day Care

Contact	Darlene Eweje	Address	21 Fairview Ave
Phone	477 3980		Albany
Fax	477 3981		www.fairviewcare.co.nz
Email	Darlene@fairviewcare.co.nz		
Hours	8am to 4pm, negotiable		
Fees	\$80 per day		
Meals	Two course main meal provided, tea/coffee		
Transport	Not available		
Programme	Varied programme includes newspaper reading, games, speakers, entertainment, outings		
Suitable for	Dependent older people		
Max	5 participants, join in hospital activities programme		
Staff	Activities coordinator, registered nurse, trained volunteers and additional staff as required		
Space	Large lounge for group activities and smaller quiet lounge. Not a secure unit		

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## Heritage Rest Home

Contact	Nancy Malloy	Address	2 Olympus Rd
Phone	09 423 7092 / 09 423 6006		Wellsford
Fax	09 423 7859		
Email	manager@ctchauora.co.nz		
Hours	7 days, 8am to 5pm, or by negotiation with manager		
Fees	Fees: from \$50 per day, depending on time and services required. Full \$70 daily rate includes meals		
Meals	Hot midday meal, tea / coffee and snacks provided		
Transport	Not available		
Programme	Monday - Friday, 10am to 12.15pm. Activities: exercise, bingo, sit fit, movies, visits to library, bus trips and CMA		
Suitable for	Frail elderly, confused, socially isolated and rest home level care		
Max	2		
Staff	Rest home staff. Staff ratio of one to eight residents		
Space	One lounge, deck, front porch and garden area One on one walks by staff, activities every day, large vegetable garden and deck gardening to tend if interested		

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## Palm Grove Rest Home

Contact	Michelle Lee-Atilano	Address	8 Grove Rd
Phone	445 0009 / 029 445 0009		Devonport
Fax	445 6503		
Email	manager@palmgrove.info		
Hours	7 days, hours negotiable		
Fees	Carer Support subsidy or \$50 per day		
Meals	Lunch and dinner included, tea / coffee		
Transport	Transport available if necessary		
Programme	Games, crosswords, puzzles, crafts, outings, exercise, hand and foot massage, entertainment, chair yoga, movies and happy hour on Friday		
Suitable for	Age 55+ years. Alert people and those with memory loss or confusion		
Max	4		
Staff	Diversional therapist, trained carers, registered nurse		
Space	Large rest home lounge, family room Russian speaking staff.		

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## Patrick Ferry House

Contact	Claire Parker	Address	47 Condor Place
Phone	444 6655 ext 201		Unsworth Heights
Fax	444 6658		
Email	hm@patrickferryhouse.co.nz		www.patrickferryhouse.co.nz
Hours	Monday to Sunday, flexible hours		
Fees	Carer Support funding plus top-up or \$90 privately funded		
Meals	Morning tea, lunch and afternoon tea		
Transport	No transport available		
Programme	Comprehensive programme includes games, music, puzzles, daily exercise programme and weekly van outing. Weekly outings cost \$4 per trip		
Suitable for	Older adults with a range of abilities		
Max	8		
Staff	Activities Co-ordinator with assistance from health care assistants		
Space	Rest home environment Four lounges and two dining rooms. Interior courtyard and walking area through bushland on-site.		

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## Platinum Country Retreat Day Centre

Contact	Megan Minton or Monica Grimshaw		
Phone	021 259 0943 or 021 264 3688	Address	504A Peak Road
Fax	n/a		Kaukapakapa
Email	monica@platinumcommunitycare.co.nz		www.platinumcommunitycare.co.nz
Hours	Monday to Friday, 9am to 4pm, negotiable		
Fees	\$120, Carer Support subsidy can be used as part-payment		
Meals	Morning and afternoon tea, lunch provided		
Transport	Courtesy van available for pick up or drop off		
Programme	Animal therapy (minatures horses, sheep chickens and more), escorted to paddock to feed the animals, exercise, gardening, baking, card / board games, woodwork, music, arts /crafts and cognitive stimulation therapy. Clients abilities and preferences taken into consideration at all times		
Suitable for	All levels of dementia and older people wanting social interaction		
Max	12 per session		
Staff	Occupational therapists, trainee diversional therapist and activities coordinators. All staff are trained in dementia care and attend regular education sessions		
Space	Large lounge, kitchen and quiet room with a day bed, secure outdoor area Occupational therapy, clinical driving assessments and in-home respite care, including overnight stays.		

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## Solemar

Contact	Sean Milne	Address	163 Hibiscus Coast Highway
Phone	09 421 1428		Orewa
Fax	09 421 1728		
Email	facility.manager@solemar.co.nz		
Hours	7 days a week, 8am for 8 hours care		
Fees	Carer Support subsidy or \$57.50 per day rest home, \$74.75 dementia care		
Meals	Hot, home made meals. Tea, coffee and snacks provided		
Transport	Not available		
Programme	Full activities programme, outings, gardening, live entertainment		
Suitable for	Frail, alert and dementia clients, wheelchair users		
Max	Please contact facility manager for information		
Staff	Clinical manager, registered nurse, caregivers, activities coordinator		
Space	Three hospital / rest home lounges, one dementia lounge		

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## Totara Club Dementia Day Care

Contact	Gael Ansell	Address	550 East Coast Road
Phone	477 2637		Windsor Park
Fax	479 5353		www.equip.net.nz
Email	totara.club@equip.net.nz		
Hours	Monday to Friday, 10.00am to 3.00pm		
Fees	No charge for clients referred by Waitemata DHB Needs Assessors, though a top-up of \$15 per day may be required depending on level of funding. Private clients \$75 per day		
Meals	Morning / afternoon tea and lunch provided		
Transport	Not provided		
Programme	Activities are designed to maintain and improve physical, social, cultural and cognitive well-being. Each club member has an individualised programme to meet their specific strengths and needs		
Suitable for	People with a confirmed mild to moderate dementia and relatively independent with self care skills		
Max	15		
Staff	Three dementia trained staff members employed, students on placement from nursing, occupational therapy and social work courses, plus volunteers		
Space	Large secure space adjoining Windsor Park church with outdoor area and raised gardens		

## Waitakere

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### Edmonton Meadows

Contact	Christine Flaus	Address	46 Edmonton Rd
Phone	836 3606 836 3607		
Fax	836 3609		Henderson
Email	edmontonhome@yahoo.com		www.eldernet.co.nz
Hours	Monday to Friday, 8am to 5pm		
Fees	Fees \$75 per day or Carer Support / Respite Care		
Meals	Hot midday meal, tea / coffee with snacks		
Transport	Not available		
Programme	Drives, entertainment, various activities organised by our Activities Co-ordinators including but not limited to bowls, ball games, gardening, hangman, bingo, exercise, art and crafts		
Suitable for	Frail clients or those with mild dementia		
Max	5		
Staff	Caregivers, registered nurse, activities co-ordinators and diversional therapist		
Space	Edmonton Meadows Care Home Access to hairdresser and podiatrist, extra costs apply		

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### Goodwood Seadrome

Contact	Tina Chivers	Address	167 Colwill Road
Phone	833 7506		
Fax	833 7622		Massey
Email	tina@seadrome.co.nz		
Hours	7 days, time negotiable to suit client's needs		
Fees	Carer Support subsidy or \$25 per day		
Meals	Midday meal, tea / coffee		
Transport	Not available		
Programme	Integrated with Dementia unit activities; art, crafts, games, dance, music groups, community singing / choir, walking groups, entertainers, blokes group, Maori Te Wa and outings		
Suitable for	People with Alzheimer's or dementia, challenging behaviour		
Max	5		
Staff	Aides, registered nurse, occupational therapist and physiotherapist		
Space	Rest home lounges on large secure site		

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## Royal Heights

Contact	Pam Miller	Address	154 Royal Rd
Phone	833 9333		Massey
Fax	833 4993		www.rest-home.co.nz
Email	info@rest-home.co.nz		
Hours	7 days, hours dependent on services required		
Fees	\$49 per day		
Meals	Main midday meal, tea / coffee		
Transport	Not available, rest home 100m from bus stop		
Programme	Integrated with rest home activities, varied programme; exercise, games, church service, wine and entertainment		
Suitable for	Fairly independent people		
Max	Depends on activity, bookings are essential		
Staff	Activities co-ordinator, registered nurse, trained caregivers		
Space	Lounges, sun rooms, games room, dining room, gym and outdoor area Access to podiatrist and hairdresser at extra cost		

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## West Harbour Gardens

Contact	Vivian Ayles	Address	315 Hobsonville Road
Phone	417 0400		West Harbour
Fax	417 0401		www.sunrisehealthcare.co.nz
Email	whgadmin@sunrisehealthcare.co.nz		
Hours	Monday to Friday, 9.30am to 2.30pm, negotiable		
Fees	\$65 per day		
Meals	Lunch, morning and afternoon tea		
Transport	Not available		
Programme	Integrated into rest home activities		
Suitable for	Dependent older people		
Max	5		
Staff	Care facility staff		
Space	West Harbour Gardens care facility Hairdresser, respite care and overnight stays negotiable, extra costs apply		